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Harbor Bridge Project: Keeping it Cool and Safe in the Summer

Congratulations to our Harbor Bridge Project crews for having no recordable injuries during these hot spring and summer months. Working in scorching temperatures adds an extra layer of precaution taken very seriously in the daily risk assessments. Following are some of the measures taken to prevent heat illness on the Project:

- HYDRATE HYDRATE HYDRATE before, during, and after work is emphasized daily.
- Superintendents ensure everyone new to the area properly acclimatizes to the hot environment.
- New hires are given four days or, in some cases, more to work at a slower pace until they become acclimated to the temperature.
- Outdoor crews take regular rest breaks.
- Ice chests filled with ice and water are placed throughout the Project and made available to everyone at all times.
- Electrolyte supplement drinks are made available to everyone at all times.
- Electrolyte popsicles are made available to everyone at least twice daily.
- Shade tents are placed in areas where there is no shade.
- Electric fans are set up in temporary cooling stations Project-wide.
- Extensive and ongoing training on the signs and symptoms of heat illness and how to help someone in distress is reiterated weekly Project-wide.
- Supervisors conduct regular wellness checks among all crew members.
- Safety Managers monitor worker wellness and provide reminders to hydrate and take breaks.
- OSHA "Heat Applications" are downloaded onto supervisor phones to provide emergency help as needed.
- Cooling towels are distributed to employees to keep neck and shoulder temperatures down.
- Hard hat sunshades are distributed to employees to keep the sun off faces and necks.
- Concrete pours are scheduled during early morning and evening hours to have workers finished before the hottest mid-day hours.

In addition to heat-related safeguards: Courses in fall protection, trench safety, flagger training, and first aid – CPR were offered this summer for all employees.



